

Pregnancy options counselling

- FREE
- PRO-CHOICE
- NON-JUDGEMENTAL
- CONFIDENTIAL



- Pregnant and thinking about what to do?
- Is someone putting pressure on you to keep or end a pregnancy?
- Have you had an abortion and want to talk?

At Women's Health Tasmania we provide free, non-directive pregnancy options counselling and counselling for after an abortion.

Our pregnancy options counsellor will not 'advise' you on which option you should choose or try to push one option over another. Nobody can know better than you what the best decision is.

Our counsellors:

- Keep your conversation confidential
- Support you to make decisions that are right for you
- Won't try to convince you of what you should do
- Can give you information about all your options: abortion, adoption and continuing the pregnancy
- Can provide counselling after an abortion – if you want to talk with someone safe

You can see your counsellor up to 3 times.

We are Tasmania's only provider of free, pro-choice pregnancy options counselling.

Women's Health Tasmania is an independent feminist organisation.

Appointments:

We aim to get you an appointment within a week of calling us.

Statewide: phone or online

Hobart: phone, online or face to face.

Call or email us to make an appointment:

1800 675 028

 TIS 131 450)

info@womenshealthtas.org.au

