

# Therapists and Monthly Groups

## **Breast Cancer Support Group**

**3<sup>rd</sup> Tuesday of the month** 11:45 am - 1:15 pm.

For any woman diagnosed with breast cancer who would like information and support.

Recommences January 16, 2018.

## **Bowen Therapy (NST)**

**Every Wednesday** at the Centre. \$65 per session.

To make an appointment, contact Christine Toyama on 0417 363 108.

## **Food Coaching**

**Every Wednesday** at the Centre.

For appointments, contact Alison Gandy on 0400 515 352.

## **Writers' Support Group**

**1<sup>st</sup> Wednesday of the month**, 2 - 4 pm.

New members welcome.

Recommences on February 7, 2018.

## **Warped Wenches**

**3<sup>rd</sup> Saturday of the month**, 10 am to 4 pm.

A group of women who love to sew, and share an interest in all sorts of crafts.

Contact Denise 0417 808 871.

**Come in for a cuppa, browse in our library or use the photocopier.**

## **HOLIDAY CLOSING DATES...**

We will close at 4pm on Thursday December 14, 2017 and reopen at 9:15am on Tuesday January 2, 2018.

All the staff at Women's Health Tasmania would like to wish everyone a very happy and safe holiday season.